



HealthiestYou

Telemedicine & Mental Health Consults are free.

Partnering with private colleges & universities for quality healthcare.

Access to high-quality healthcare—anytime, anywhere.

The Coalition for College Cost Savings is proud to offer its members HealthiestYou, a telemedicine program for students, faculty, staff, and their dependents. Through The Coalition’s partnership with Teladoc Health and FirstRisk Advisors, HealthiestYou provides convenient access to U.S. board-certified doctors and mental health providers by web, phone, or app. And while the no-cost virtual visits don’t replace primary care physicians, they do provide a reliable resource to students whether at home, school, or traveling abroad. With HealthiestYou, students can get treatment for a wide range of conditions, from the flu and infections to depression and anxiety from anywhere in the world.

Available services

Mental Health Care

Students can speak with licensed mental health providers when and where they are comfortable. HealthiestYou psychiatrists are able to prescribe if a medication is appropriate.

General Medical

Students have 24/7 access to doctors who can diagnose and prescribe treatment by phone or video.

How HealthiestYou works



Initiate

Students register online or by app and fill out a short health summary questionnaire.



Request a Visit

Students can request a General Medical visit right away or schedule one for later. For Mental Health Care, students select a provider and schedule a visit.



Visit

Students speak with the provider by phone or video.



Ongoing Support

For Mental Health Care, students can schedule ongoing care from the same provider or request someone new.

LEARN MORE

www.firststudent.com | www.thecoalition.us

About Teladoc Health

Teladoc Health is the global virtual care leader, helping millions of people resolve their healthcare needs with confidence. Together with our clients and partners, we are continually modernizing the healthcare experience and making high-quality healthcare a reality for more people and organizations around the world.



Coalition Schools Have the Option of Standalone TeleDoc Services or Exclusive Discount Member Pricing for Participating in the Coalition-Sponsored Student Health Insurance Plan (SHIP)

All students and their dependents enrolled in the Coalition-sponsored SHIP receive unlimited and free on-demand coverage consultations and free HealthiestYou telehealth and telemental health services.

Member schools may purchase access to HealthiestYou services for all remaining students (including their dependents) not enrolled in the SHIP for \$2.00 per student per month.

Schools that **don't** participate in the SHIP may purchase access to HealthiestYou services for students and employees (including their dependents) for \$3.50 per student per month.

Physicians may diagnose ailments, recommend therapy, and **write non-DEA-controlled prescriptions.**

Mental Health Program Overview

The Mental Health Program includes access to mental health practitioners who will provide consultations by telephone or video. Practitioner types include:

- Psychiatrists (M.D./D.O.)
- Clinical Social Workers (Masters)
- Psychologists (Ph.D.)
- Therapists (Marriage and Family) (Masters)
- Counselors (Masters)
- Substance Abuse Counselors

TO RECEIVE A COVERAGE CONSULTATION:

All consultations must be scheduled in advance. To receive a consultation, participants must:

- 1** Complete an electronic health record online or by telephone
- 2** Agree to the provider's terms and conditions
- 3** Understand that **the program will provide coverage consultations when the participant's primary care physician is not available**

Initial coverage video consultations are required in Delaware and Arkansas. The SHIP may be suspended or discontinued in any jurisdiction subject to regulatory changes affecting the practice of telemedicine in such jurisdiction.

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